

# Miami View Lunch November 2021

<p><b>Available Every Day - Fruit and Veggie Bar, Alternate Entree- PBJ and Fruit or Vegetable Low Fat Milk: Chocolate, and White Grades 3-6 Pizza</b></p>				
1	2	3	4	5
Chicken Nuggets Steamed Broccoli	Walking Taco Refried Beans	Hamburger / Cheeseburger Glazed Carrots	Mini Pancake Wraps Tater Tots	Pizza Day!
8	9	10	11	12
Ham and Cheese Hot Pocket Steamed Broccoli	Nachos Supreme Black Beans	Spaghetti with Meat Sauce Breadstick Glazed Carrots	Dutch Waffle Chicken Nuggets	Pizza Day!
15	16	17	18	19
Chicken Tenders Steamed Broccoli	Fiestada Pizza Corn	Hot Dog Baked Beans	Mini Pancake Wraps Tater Tots	Pizza Day!
22	23	24	25	26
Chicken Nuggets Mashed Potatoes	Crispy Chicken Sandwich Green Peas	No School	No School	No School
29	30	December 1	December 2	December 3
Bosco Sticks Marinara Sauce Steamed Broccoli	Walking Taco Refried Beans	Crispy Chicken Sandwich Green Peas	French Toast Sticks Turkey Sausage Hash Brown Wedge	Pizza Day!
<p><b>Daily options may include assorted fresh fruits and vegetables Apples, Oranges, Clementines, Bananas, Baby Carrots, Grape Tomatoes, Broccoli and/or Cucumbers Options may also include Applesauce Cups, Peach, Pear, or Strawberry Cups</b></p>				

### What Makes A Meal?

Lunch must contain a serving of fruit and/or vegetable and up to 2 servings of grain,  
one serving meat/meat alternative and/or a serving of a variety of fluid milk

**All Student Type A meals are free this school year per USDA Child Nutrition Response #85**

Normal Lunch Prices: Student-\$3.05, Student Reduced-\$.40, Adult \$4.00

Applications for Free and Reduced Meals are available on Southeastern Schools web site at [www.lunchapp.com](http://www.lunchapp.com) or at the school office

Please discuss any food allergy issues concerning your school nurse

This institution is an equal opportunity provider.